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NHS
Northamptonshire
Integrated Care Board

WorkWell

Northamptonshire
Supporting people to work and live well

Helping you **back into work**



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Supporting people to work and live well

What is WorkWell?

WorkWell is a free service for people in Northamptonshire who have a disability, long-term health condition or mental health condition.

We can help you:

- stay in work
- return to work after sickness absence
- find and start a job

A work and health coach will work with you to understand what support you need. They can help you access healthcare, wellbeing services and other support that may make work easier.



Who can receive support?

WorkWell is available to people living in Northamptonshire who have a disability, long-term health condition or mental health condition and:

- need support to remain in work
- need support to return to work after being off sick
- need support to start work.

How does it work?

WorkWell focuses on support at an early stage.

We will talk with you about any health issues that may be making work difficult and agree what support you need, along with a personalised plan to address these.

Your work and health coach will help you access the support you need, from the NHS and organisations we work with.

The work and health coach may also put you in touch with other services that may be appropriate, such as debt advice for example.

You and your coach will work together on your support plan to help you get back on track and into work.

How do I access the service?

You can self-refer into the service by scanning this QR code:

If you cannot scan the QR code, email **workwell.northamptonshire@nhs.net** or ask someone to help you access the referral form.

Referrals can also be made via general practitioners (local doctors), NHS colleagues, Jobcentre Plus, employers, local charities and community organisations.

Is there a cost?

No, the service is free.

Who runs WorkWell?

It is being delivered by the local NHS, Jobcentre Plus and partner organisations. It is funded by the Department for Health and Social Care (DHSC) and Department for Work and Pensions (DWP).

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How can I find out more?

Scan the QR code to self-refer to WorkWell

Email: workwell.northamptonshire@nhs.net

If you need this information in large print, easy read, another language, Braille or an alternative format, please email **workwell.northamptonshire@nhs.net**.